

MASON COUNTY SENIOR MEALS
300 BROADWAY AVE. • SCOTTVILLE, MI 49454 • 231.757.5721



APRIL MENU



**PLEASE CALL
 MEALSITES
 FOR LUNCH
 RESERVATION
 BY 9:00 AM.**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| 1 Stuffed Green Peppers Corn Apple Crisp 1% Milk | 2 Cheeseburger Potato Salad Carrots Peaches Bun 1% Milk | 3 Pork Chop Suey Veg (in Entrée) Oriental Veggies Diced Fruit Mix Rice 1% Milk | 4 Tator Tot Casserole Green Beans Banana Cinnamon Roll 1% Milk | 5 Tuna Casserole Peas Broccoli Pineapple Milk |
| 8 Lasagna Carrots Tossed Salad Oranges Garlic Bread 1% Milk | 9 Chicken Fajita Peppers/Onions Lettuce/Tomato Pineapple Tortilla 1% Milk | 10 Stuffed Baked Potato Broccoli, Cheese, Ham Peaches Bread 1% Milk | 11 Thursday Pizza Day Green Beans Fresh Fruit 1% Milk | 12 Breaded Fish Cauliflower Blend Carrots Pears Bun 1% Milk |
| 15 Salisbury Steaks Au Gratin Potatoes Mixed Veg Pears Bakery Bun 1% Milk | 16 Pulled Pork Baked Beans Coleslaw Applesauce Bun 1% Milk | 17 Sloppy Joes Hash Brown Casserole Green Beans Apple slices Bun 1% Milk | 18 Chicken ala King Mixed Veg (in Entrée) Peas Pears Rice 1% Milk | 19 Jumbo Hotdogs Baked Beans Coleslaw Peaches Bun 1% Milk |
| 22 Chicken Patty Crispy Cubes Peas Apple Slices Bun 1% Milk | 23 Taco Tuesday Refried Beans Lettuce, Tomatoes Melon Wedges Taco Shell Milk | 24 Creamy Chicken and Rice Broccoli Carrots Banana 1% Milk | 25 Beef Stew Veggies in entrée Green Beans Grapes Biscuit 1% Milk | 26 Spaghetti w/ Meat Sauce Carrots Peaches 1% Milk |
| 29 Cabbage Rolls Corn Peach Crisp Wheat bread 1% Milk | 30 Connecticut Beef Bake California Blend Pears Dinner Roll 1% Milk | Eat Your Breakfast: Start your day with a healthy breakfast that includes lean protein, whole grains, fruits and vegetables. Try making a breakfast burrito with scrambled eggs, lowfat cheese, salsa and a whole wheat tortilla or a parfait with lowfat plain yogurt, fruit and whole grain cereal. | | |

PRICES
Age 60 and up: \$3
Under age 60: \$6
\$1 Lunch Days
Scottville & Tallman
Last Thurs. each month

Ludington Center
Serves Lunch on
Tuesdays &
Thursdays

Meals on Wheels
231-757-4831

Kitchen
231-757-5721

Meal Sites
Scottville 757-4705
Ludington 845-6841

**Note: Menus are
 subject to change**

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