## **SCOTTVILLE AREA SENIOR CENTER**

140 S. MAIN ST. • SCOTTVILLE, MI 49454 • 231-757-4705

## September Activities Loving Life at Every Age



		7 1 3 3 1 1		at overg Age	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
Closed	Exercise 10:30 Lunch 11:45 Chronic Disease (PATH) Workshop 12:15 Euchre 1:00 Sunset Carvers 1-3 Cardio Drum 5:00-5:30	Painting Group 9:00 Walking Group 9:00 Cribbage 9:30-11:30 Ladies' Billiards 10:00 Lunch 11:45 Blood Pressure Clinic 12:00-1:00 Zumba Gold 12:30-1:15 Pinochle 1:00	S           Wii Bowling         10:00           Textile Arts         10:30           Exercise         10:30           Lunch         11:45           Tech Help         12:15           Set Back         6:00	6 Hiking: 9 Mile Bridge South 10:00 Wii Bowling 10:00 Bingo 10:00 Lunch 11:45 Open Billiards 12-4 Music Jam 12-4 Ping Pong 1-4	8
Quilting 9:00 Walking Group 9:00 Lunch 11:45 Monthly Birthday Celebration 12:15 Cardio Drumming 12:30 Board Games 1:00 Movie Night (Call Center for Details) Quilters Guild 6:30	Million Dollar Quartet Trip Departs 7:45am Exercise 10:30 Lunch 11:45 Chronic Disease (PATH) Workshop 12:15 Euchre 1:00 Sunset Carvers 1-3 Painting with Katie 3:00 - 4:30 Cardio Drum 5:00-5:30	Painting Group 9:00 Walking Group 9:00 Matter of Balance Class: Must pre-register 9:15 Ladies' Billiards 10:00 Lunch 11:45 Zumba Gold 12:30-1:15 Pinochle 1:00	12         Wii Bowling       9:30         Textile Arts       10:30         Exercise       10:30         Alzheimer's       Support Group       11:00         Lunch       11:45         Tech Help       12:15         Book Club       1:15         Card Making       2:00         Set Back       6:00	Hiking Upper Branch Bridge 10:00 Wii Bowling 10:00 Bingo 10:00 Lunch 11:45 Open Billiards 12-4 Music Jam 12-4 My Story, My life 1:15 Ping Pong 1-4	Scottville Fall Celebration
Quilting 9:00 Walking Group 9:00 Estate Planning Attorn. by (Appt. only) 10-3 Lunch 11:45 Cardio Drumming 12:30	Charity Sew 9:00 Exercise 10:30 Lunch 11:45 Chronic Disease (PATH) Workshop 12:15 Euchre 1:00 Sunset Carvers 1-3 Cardio Drum 5:00-5:30	Painting Group 9:00 Walking Group 9:00 Matter of Balance Class: Must pre-register 9:15 Ladies' Billiards 10:00 Lunch 11:45 Zumba Gold 12:30-1:15 Pinochle 1:00 Parkinson's Support Group 1:30	Wii Bowling 10:00 Textile Arts 10:30 Exercise 10:30 Lunch 11:45 Tech Help 12:15 Special Music Guest Edgar Struble 12:30 Set Back 6:00	20 Wii Bowling 10:00 Bingo 10:00 Lunch 11:45 Open Billiards 12-4 Music Jam 12-4 Ping Pong 1-4	21
Quilting 9:00 Walking Group 9:00 Lunch 11:45 Cardio Drumming 12:30 Vermont Meet and Greet Meeting 2:00	24 Ladies' Coffee Klatch 9:00 Exercise 10:30 Lunch 11:45 Chronic Disease (PATH) Workshop 12:15 Euchre 1:00 Sunset Carvers 1-3 Jewelry Making 2:00 Cardio Drum 5:00-5:30	Painting Group 9:00 Walking Group 9:00 Matter of Balance: 9:15 Ladies' Billiards 10:00 Lunch 11:45 Zumba Gold 12:30-1:15 Pinochle 1:00 Tuscany Zoom Mtg. 1:30 Portugal Zoom Mtg. 2:30 Grandparents Raising Grandchildren annual Recognition Dinner 5:30	26 Detroit Tigers' Game Trip Departs 7:00am Wii Bowling 10:00 Textile Arts 10:30 Exercise 10:30 Lunch 11:45 Tech Help 12:15 Craft with Chris 3:00 Set Back 6:00	27         Hiking 40th Street         South 10:00         Wii Bowling 10:00         Bingo 10:00         Lunch 11:45         Open Billiards 12-4         Music Jam 12-4         Ping Pong 1-4	28
Quilting 9:00 Walking Group 9:00 Lunch 11:45 Cardio Drumming 12:30	Green - Exercise Purple - Social Activity Red - Craft Black - Service Blue - Speaker Orange - Community Event	***	Special Guest: Music Legend Edgar Struble! Thur., Sept. 19 12:30	Scottville Travel plans: See page 19	