JANUARY, 2025



The snow and ice might try to dampen our spirits.....but we Michiganders are a tough crew...

And a cup of tea or coffee, along with someone to share a smile, will help make January a special time.

Come join us in our "living room" for laughter and shared stories and memories...we'd love to welcome you during these cold January days.....and know that the coffee is always brewing!

Temporary Winter Changes:

<u>-Parkinson's Group</u> is not meeting from January through March. They will resume in April. -<u>Grandparents Raising Grandchildren</u> will not meet in January, but we will have our annual event at the Spartan Bowling Alley on February 19th at 5:30.

Exciting NEW Changes and Programs

Organic Gardening Club

Would you like to learn how to grow your own pesticide-free vegetables, fruits and herbs from experienced organic gardeners? If so, check out the *Organic Gardening Club* forming at the Scottville Area Senior Center. *Join us for our kick-off meeting on Thursday, January 23, 2025, at 12:30!*

Become part of a caring community of gardeners willing to share their growing tips, excess seeds and plants, ideas for preserving the harvest, and so much more.

Organic Gardening has so many benefits! Here are a few:

-Nutrient-dense produce to nourish your body

- -Incredible tasting food harvested minutes from your dinner table
- -Less money spent at the grocery store
- -Health benefits that come from connecting with nature
- -Protecting the planet by using easy, affordable, organic growing techniques

January Reminders:

<u>It's 2025.....remember the new year when you write the date on a check!</u> January 6th: monthly Quilter's Guild: 2:00 January 9th: Alzheimer's Support Group: 11:00.....AND SASC Book Club: 1:15 January 13th: Monthly Birthday Celebrations: 12:15 (root beer floats!) January 15th: Blood Pressure Clinic from 12 – 1 (Kelly Barnhardt) January 20th: Estate Planning Attorney (appointments from 10 – 3) January 21st: Charity Sew: 9:00

Check the page showing all the crafts and other special events at the Scottville Area Senior Center on page 14.

And check out our exciting travel schedule on page 19.

FOR MASON COUNTY RESIDENTS ON THE UPSIDE OF 50

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