

SCOTTVILLE AREA SENIOR CENTER
140 S. MAIN ST. • SCOTTVILLE, MI 49454 • 231-757-4705

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT/SUN	
SASC August Activities				Key: Black - Service Blue - Speaker Orange - Community\ Event Green - Exercise Purple - Social Activity Red - Craft				1		2	
								Walking Group 9:00 Wii Bowling 9:30 Bingo 10:00 Chair Massage 11:30-3 Lunch 11:45 Open Billiards 12-4 Music Jam 12-4 Ping Pong 1-4		3	
4		5		6 Boston Trip Departs! 8		7		8		9	
Quilting 9:00 Walking Group 9:00 Lunch 11:45 Cardio Drumming 12:30 NARCAN Presentation (by MSU Ext.) 1:15 Quilting Guild 6:30		Exercise 10:30 Lunch 11:45 Euchre 1:00 Sunset Carvers 1-3		Painting Group 9:00 Walking Group 9:00 Cribbage 9:30-11:30 Ladies’ Billiards 10:00 Veggie Van 11:30-1 Lunch 11:45 Blood Press. Clinic 12-1 Zumba 12:30-1:15 Pinochle 1:00		Wii Bowling 9:30 Textile Arts 10:30 Exercise 10:30 Lunch 11:45 Tech Help 12:15 Set Back 6:00		Walking Group 9:00 Wii Bowling 9:30 Bingo 10:00 Chair Massage 11:30-3 Lunch 11:45 Open Billiards 12-4 Music Jam 12-4 Ping Pong 1-4		10	
11		12		13		14		15		16	
Quilting 9:00 Walking Group 9:00 Lunch 11:45 Monthly Birthday Celebration 12:30 Cardio Drumming 12:30 Crafts with Carole and Cathy 2:00		Exercise 10:30 Lunch 11:45 Euchre 1:00 Sunset Carvers 1-3 Boston Trip Returns! 8		Painting Group 9:00 Walking Group 9:00 Ladies’ Billiards 10:00 Lunch 11:45 Zumba 12:30-1:15 Pinochle 1:00		Tuscany Meet and Greet Meeting 9:30 Wii Bowling 9:30 Textile Arts 10:30 Exercise 10:30 Alzheimer’s Support Group 11:00 Lunch 11:45 Tech Help 12:15 Fall Prevention 12:30 Book Club 1:15 Set Back 6:00		Walking Group 9:00 Wii Bowling 9:30 Bingo 10:00 Chair Massage 11:30-3 Lunch 11:45 Open Billiards 12-4 Music Jam 12-4 Ping Pong 1-4		Happy Scrappers 9AM-10PM 3pm Card Class 7pm Project Recipe 17	
18		19		20		21		22		23	
Quilting 9:00 Walking Group 9:00 Lunch 11:45 Cardio Drumming 12:30 “Life and Mortality” Write your own Obituary 1:15 Card Making 2:00		Charity Sew 9:00 Exercise 10:30 Lunch 11:45 Euchre 1:00 Diamond Art 1-3 Sunset Carvers 1-3		Painting Group 9:00 Walking Group 9:00 Ladies’ Billiards 10:00 Lunch 11:45 Zumba 12:30-1:15 Pinochle 1:00 Parkinson’s Group 1:30 Jewelry Making 2:00 GRG Meet at Mary Case’s Art Studio 5:00		Wii Bowling 9:30 Toenail Clinic 10-1 Textile Arts 10:30 Exercise 10:30 Lunch 11:45 Tech Help 12:15 Set Back 6:00		Walking Group 9:00 Wii Bowling 9:30 Bingo 10:00 Chair Massage 11:30-3 Lunch 11:45 Open Billiards 12-4 Ping Pong 1-4		24	
25		26		27		28		29		30	
Quilting 9:00 Walking Group 9:00 Portugal Trip Info Meeting 9:30 Lunch 11:45 Cardio Drumming 12:30 Podiatry Care by Appt. Only 1:30-3:30		Ladies’ Coffee Klatch 9:00 Exercise 10:30 Lunch 11:45 Euchre 1:00 Sunset Carvers 1-3		Painting Group 9:00 Walking Group 9:00 Ladies’ Billiards 10:00 Lunch 11:45 Zumba 12:30-1:15 Get Hooked Crochet Class 1-3 Pinochle 1:00 GRG Meet at Spartan West Bowling 5:00		Wii Bowling 9:30 Textile Arts 10:30 Exercise 10:30 Lunch 11:45 Tech Help 12:15 Organic Gardening Club Garden Tour 2:00 Craft with Chris 3:00 Organic Gardening Club Potluck 5:00 Set Back 6:00		Walking Group 9:00 Wii Bowling 9:30 Bingo 10:00 Chair Massage 11:30-3 Lunch 11:45 Open Billiards 12-4 Ping Pong 1-4		31	